



WIIT SPEED MENTORSHIP

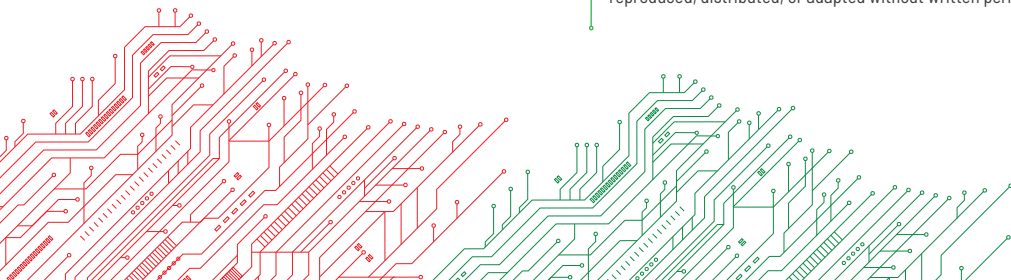
Chart **your growth** in minutes

Presented by:

The Institute of Information Technology Professionals South Africa (IITPSA) Women in IT (WIIT) Chapter.



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Dear fellow WIIT (Woman in IT)

Thank you for taking advantage of this opportunity to engage with our mentors to take concrete steps towards achieving your personal and career development goals. Our speed mentoring sessions may be brief, but you can make this moment count! This is your moment to build bridges, spark ideas, and accelerate your growth. You don't need to have all the answers, you only need to take the next step.

Ask boldly. Listen deeply. Write it down. Act on it.

Mentorship is an intentional and structured developmental relationship between two people. The one with experience and insight (mentor) and one seeking guidance and growth (mentee) to develop skills and knowledge that will maximise the potential of the mentee. This relationship is built on trust, respect, and a shared commitment to the mentee's success.

Mentorship is:	Mentorship is not:
<ul style="list-style-type: none">• A two-way relationship of learning and growth.• A safe space for sharing challenges and opportunities.• Guidance based on experience, insight, and constructive feedback.• A journey that encourages self-reflection, confidence, and capability building.	<ul style="list-style-type: none">• A free consulting service.• A job placement or guaranteed promotion.• One-sided, both mentor and mentee have responsibilities.• A replacement for training, therapy, or performance management.

The **WIIT Speed Mentoring Toolkit** is your quick-reference companion for fast-paced mentoring sessions. In just 20 minutes, you can connect with a mentor, gain valuable insight, and walk away with one clear action to move your career forward. These sessions are intended to help point you in the right direction to start growing. Designed for impactful, short conversations, speed mentoring is not about solving everything at once—it's about unlocking one idea, one connection, or one strategy that creates momentum for your journey. We recommend following the session with a longer-term, formalised mentorship.

- **Prepare:** Capture your current career focus and biggest challenge.
- **Engage:** Ask the right questions to get meaningful answers.
- **Act:** Leave each conversation with a tangible next step.

We believe in your potential. Let's make it happen, one powerful conversation at a time.
We are with you all the way,

The WIIT Committee



1. Mini Career Snapshot

Name: _____

Current Role / Area of Interest: _____

Main Career Goal: _____

Immediate Challenge: _____

Long Term Challenges: _____

2. Quick Networking Map

List up to 3 people you want to connect with in the next month.

Connection Level	Name / Role	Purpose of Connection
Immediate Circle		
Industry Contacts		
Role Model		

3. Quick-Fire Reflections

1 Skill to Build or Strengthen	Recent Win

4. Mini SWOT

Strengths	Weaknesses
Opportunities	Challenges

5. Actions

Key Takeaway from this Conversation: _____

One Action to Take in the Next 7 Days: _____

One Resource/Platform to Connect With: _____

“Never be limited by other people’s limited imaginations.” – Mae Jemison



The IITPSA is a professional body, recognised by the South African Qualifications Authority (SAQA). Established in 1957, the Institute has a long and proud history of service to, and representation of, South Africa's ICT professionals and practitioners, attracting a broad and active membership from all levels of the ICT industry. The IITPSA's vision is to be an inclusive community of ICT professionals that leads the promotion and development of a thriving digital society. Our mission statement is 'Leading ICT professionalism and ethical digital transformation'.

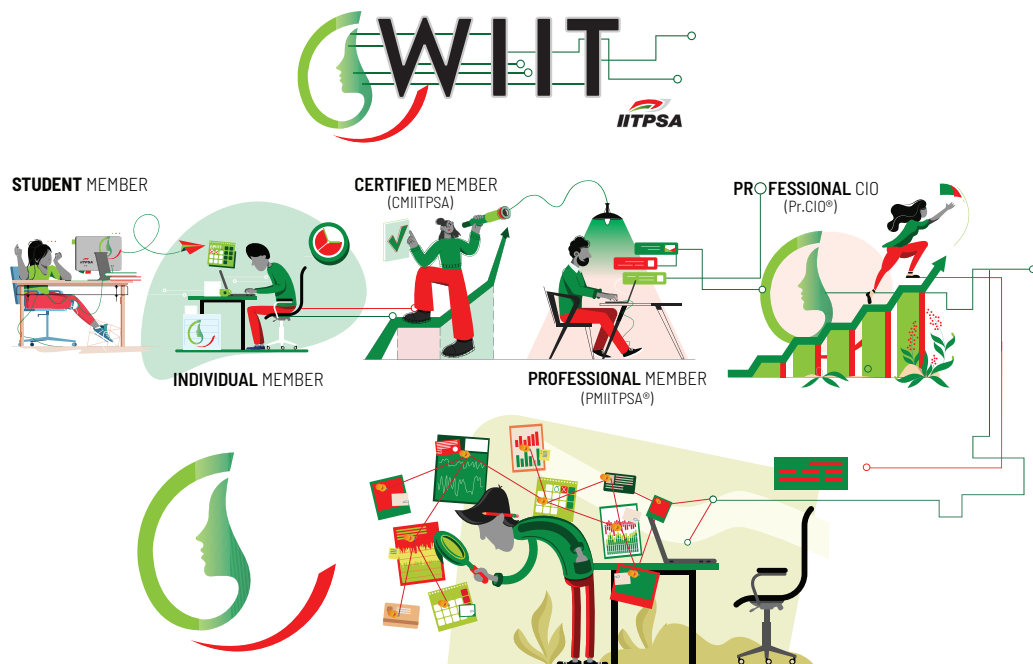
 Visit <https://www.iitpsa.org.za/> to learn more.

The WIIT Chapter of the IITPSA is dedicated to advancing, supporting, and celebrating women in the ICT sector. Our vision is to see women thrive in technology leadership, innovation, and entrepreneurship, and to break barriers in an industry that continues to evolve at a rapid pace. We focus on mentorship, networking, skills development, and advocacy for gender equity in ICT. WIIT provides a safe and supportive platform for women to connect, learn, and grow together. In 2026, WIIT aims to start a formalised programme matching mentees and mentors.

 Visit <https://womeninit.org.za/> to learn more.

Progress through the ranks of the IITPSA to underpin your career development!

Within the IITPSA, you can achieve career growth by applying for upgraded member designations, and participating in special interest groups and chapter activities. By achieving more senior IITPSA designations and recognition of your work within the IITPSA, you will add to your professional credibility, standing out from the crowd in the eyes of employers and business associates.



YOU MAY PARTICIPATE IN THE IITPSA SPECIAL INTEREST GROUPS (SIGs) AT ANY STAGE OF YOUR CAREER.

Blockchain SIG • Innovation SIG • Cybersecurity (SIGCyber) • Artificial Intelligence and Robotics (SIGAIR)
Software Testing (SIGIST) • Enterprise Architecture (EASIG)